With Attached Photo: Roxanne Mody, MD, FACOG, Southeast Georgia Physician Associates-Obstetrics & Gynecology Contact: Laura Young, director, Marketing & Public Relations; laura.young@sghs.org, 912-466-2148

Southeast Georgia Health System Welcomes Obstetrician/Gynecologist Roxanne Mody, MD, FACOG

BRUNSWICK, Georgia: March 8, 2024 – Southeast Georgia Health System is pleased to welcome obstetrician and gynecologist Roxanne Mody, MD, FACOG, to the Southeast Georgia Physician Associates—Obstetrics & Gynecology and to the Camden Campus medical staff. The practice is located at 2060 Dan Proctor Drive, Suite 1200, in St. Marys.



Not many people can say they have scaled Mount Kilimanjaro. Mody is among them. She recalls the final summit push. "We started hiking at midnight and could only see little white lights; we couldn't tell if they were stars or other hiker's headlamps. We had to trust the process, put one foot in front of the other and see the big picture."

Her description sounds like a metaphor for womanhood. Whether a woman is navigating pregnancy, infertility, menopause or an abnormal pap smear, her health journey can sometimes feel like an uphill climb.

Mody understands. "No one loves going to the gynecologist. I pride myself on taking time to explain diagnoses and treatments so that patients feel empowered. If I can make a patient feel more comfortable, that's my goal."

Medicine was part of Mody's childhood. She remembers listening to her mother rehearse lectures about HPV and cervical cancer. "She was a pathologist; the person looking at paps under a microscope and making diagnoses." As an adult, Mody analyzed her mother's data and authored research papers on the topic.

After earning a Bachelor of Science in biomedical engineering at the University of Texas at Austin, she pursued a medical degree from the University of Texas Medical School at Houston. She found her calling in her second year of medical school. "I was volunteering at Majengo Clinic in Tanzania. A midwife gave me a labor and delivery pamphlet. I found it fascinating. I like the continuity you get with obstetrics; you follow someone through their big life moments."

After medical school, Mody completed residency training at Saint Joseph Hospital in Denver and became a Fellow of the Congress of Obstetricians and Gynecologists (FACOG). In Denver, she met and befriended Shanna Welgraven, DO, who later moved to St. Marys to join Southeast Georgia Physician Associates-Obstetrics & Gynecology. After visiting Welgraven and St. Marys several times, Mody relocated from her Denver practice to Camden County. "It was a big decision. I visited Georgia monthly, and each time, it was harder and harder to leave."

Those visits revealed a positive workplace culture. "Patient care is important here, not just for patient volume, but because the staff know them as neighbors and friends. Also, physicians are encouraged to have work/life balance. That is a breath of fresh air," Mody says.

As she looks forward to building a new life and practice, Mody remains loyal to her alma mater. "I know I'm moving to Bulldog country, but I'm a Texas Longhorn," she quips.

In addition to Welgraven, Mody joins Cynthia Wallace, RN, MN, CNM, a certified nurse midwife, at Southeast Georgia Physician Associates-Obstetrics & Gynecology. To schedule an appointment, please call 912-540-6750.

ABOUT SOUTHEAST GEORGIA HEALTH SYSTEM

Southeast Georgia Health System is a not-for-profit health system comprised of two acute care hospitals, two long term care facilities, two Cancer Care Centers and multiple specialty care centers, including orthopaedic and spine care, joint replacement, breast care, maternity, outpatient rehabilitation, sleep management and wound care. The Brunswick Campus Cancer Care Center is accredited by the American College of Surgeons Commission on Cancer and is one of the few centers in Georgia to offer CyberKnife® M6 with MLC. Additionally, the Brunswick Campus is accredited by The Joint Commission as an Advanced Primary Stroke Center and the Camden Campus is accredited as an Acute Stroke Ready Hospital. The Southeast Georgia Physician Associates medical group includes more than 160 providers working in 20 different medical specialties at more than 50 locations. The Health System is part of Coastal Community Health, a regional affiliation between Baptist Health and Southeast Georgia Health System, a highly integrated hospital network focused on significant initiatives designed to enhance the quality and value of care provided to our contiguous communities. For more information, visit sghs.org.

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